
Sahaj Marg Study Group

Set 2: Man, God and Master

Introduction

Contents

The program has five sessions. It is ideally offered as a once a week meeting. Each session may be an hour long. Participants will be provided with photocopies of the study material. Each one is expected to read the material. One or two participants may be pre-selected to be the primary presenters for a session. The others may participate in the discussions. The moderators are expected to guide the discussion. The study material is a selection of talks given by Chariji taken from Principles of Sahaj Marg, Set 1.

The five sessions

1. Introduction.
2. Man and God – (Principles of Sahaj Marg, Set 1, Page 22-24).
3. Purification and regulation of Mind – (Principles of Sahaj Marg, Set 1, Page 50-55).
4. Sahaj Marg and Science – (Principles of Sahaj Marg, Set 1, Page 123-129).
5. The need for a Master - (Principles of Sahaj Marg, Set 1, Page 88-95).